# Title: Sport Medicine Exam Preparation Course 2018:

# March 17, 2018

**Location:**

Toronto Rehabilitation Institute

2nd Floor Auditorium, Elm Street entrance

550 University Avenue

Toronto, Ontario

This one-day course prepares the learner for practical sport medicine examinations. In the morning, learners will review how to take a high yield history and physician examination for a timed examination station. There will be a review of emergency skills for field of play injuries with a practical workshop.

In the afternoon, learners will participate in a "mock" examination complete with standardized patients, examiners and timed stations. At the end of the day, the faculty will debrief on the station and provide individual feedback for exam preparation.

8:00 Registration

8:30 Objective Structured Clinical Examination Process- Dr. Julia Alleyne

9:15 High yield History and Examination - Dr. Julia Alleyne

10:00 Break

10:15 Preparing for the Critical Emergency Stations - Dr. Neil Dilworth

11:45 Stress Buster Tips for Exam Success - Dr. Julia Alleyne

12:00 Lunch (included)

12:45 Orientation to Mock Examination

1:00 - 4:00 Rotation through Mock Examination Station Practice

4:15- 5:00 Feedback and Wrap-Up